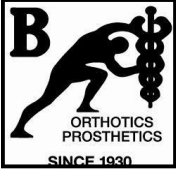


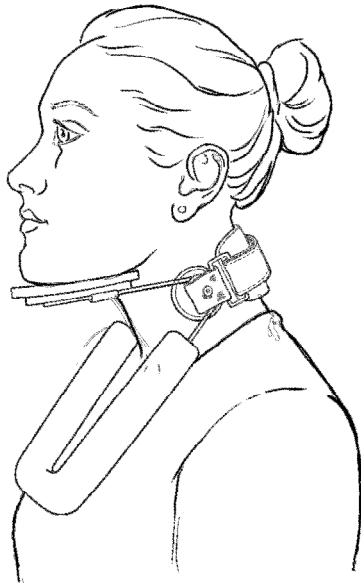
Ballert

ORTHOPEDIC

ORTHOTICS AND PROSTHETICS



BALLERT® OXFORD COLLAR INSTRUCTION SHEET



Purpose

The Ballert® Oxford Collar we designed is a frame type cervical orthosis. It consists of a wire frame covered with foam for comfort and a spring action mandibular piece. It has a leather adjustable strap which fits behind the neck.

The purpose of the Ballert® Oxford Collar is simply to help balance the patient's head on his shoulders and prevent the neck from flexing (chin going down on chest). It is only worn for certain tasks such as reading or watching television or for other times when patients become fatigued.

Our goal in providing orthotic devices to our patients is to improve function without interfering with the activities of daily living.

Ballert Locations

2434 W Peterson Ave.
Chicago, IL 60659
(773) 878-2445

125E. Lake Cook Road,
Ste 221
Buffalo Grove, IL 60089
(847) 459-9006

1250 N. Mill Street, Ste. 106
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(630) 637-9540

5659 S. Cottage Grove, Unit B
Chicago, IL 60637
(773) 493-2445

233 E. Erie St., Ste. 200
Chicago, IL 60611
(312) 787-4400

1725 W. Harrison Ave.,
Ste. 960
Chicago, IL 60612
(312) 563-2795

139-141 Front Street
Wood Dale, IL 60191
(630) 694-9305

1200 N Westmoreland Ste 100
Lake Forest, IL 60045
(773) 878-2445

How to Apply the Ballert® Oxford Collar

Step One

Stand in front of a mirror.

Step Two

Take the front piece of the collar and place it under your chin. Make sure that the front foam piece is resting against your chest and that your chin can rest easily and comfortably on the chin piece. Make sure that this is a position that doesn't feel like it is irritating your neck or straining your muscles. Your head should be level.

Step Three

Take the leather adjustable strap at the back of the head and loop it through the ring on the other side of the collar. Tighten so that the collar fits snugly and securely around your neck. Make sure that the spring joint is in the center of your neck when viewed from the side. (See Fig. on Cover)

• Chin Plate Adjustment

If chin plate sticks out beyond chin, or pushes against neck, plate may be adjusted as shown in Figs. A and B below. If chin plate is holding head too high or too low, refer to *Spring Adjustment*.

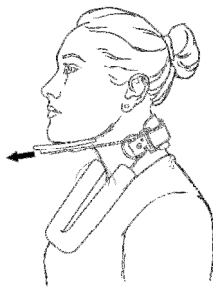


Fig A: Too Far Forward
Move plate back 1 to 2 holes until comfortable position reached.

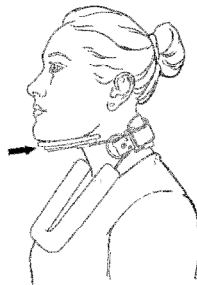
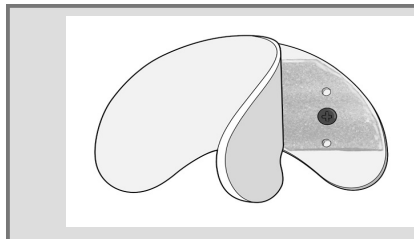
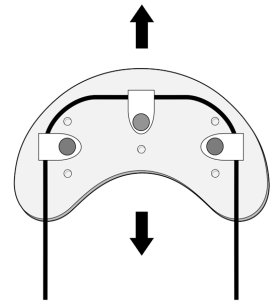


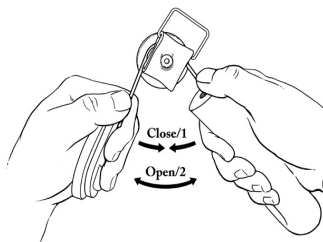
Fig B: Pushes Against Neck
Move plate forward 1 to 2 holes until comfortable position reached.



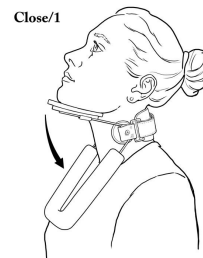
Removing the Chin Plate

First remove the top cover of the chin plate by pulling back on the Velcro. Second, with a Phillips head screw driver, unscrew the chin plate from the wire. Move plate forward or back to desired position

• Spring Adjustment



Too Low:
Open Collar / 2



Too High:
Close Collar / 1

Step Four

If the collar is in a comfortable and secure position you may cut the excess Velcro in front of the seam line.

